

Go to
Online Safety - Support &
Report



Asking for Help

We want our children to know it's ok to tell someone or ask for help if they are worried about something online.

Despite parent monitoring & online safety training, recent evidence from the KLT 2025 survey shows children reported coming across upsetting or harmful content online. **3/5ths** said they contacted an adult or reported seeing the content, **45%** said they turned the computer off or left the site & **12%** said they did nothing!

Regular check-ins with your child. It is so important that our children can talk to someone if they feel worried, or have concerns about someone or something online. They might be feeling embarrassed or afraid or maybe feeling guilty or that it's their fault.



What should we do if we have a concern?

How parents respond can make a big difference!

- Try to stay calm, even if you are shocked.
- It's really important to listen to your child. Acknowledge how they are feeling and reassure them you are going to help them.
- Take screenshots of the evidence, Block and report on the platform. Check privacy and safety settings.
- **If you're not sure what to do, seek support from professionals.**

We are here to support, listen or advise anytime. Contact us Monday to Thursday 9am to 9pm. Friday 9am to 5pm and Saturday 9am to 1pm

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Where & How to Report a Concern

Knowing where and how to report a concern will depend on the nature of the concern. For example, inappropriate contact from an adult should be reported to CEOP (The Child Exploitation and online Protection Command). Click on this link for more information:

<https://www.ceopeducation.co.uk/parents/articles/are-you-worried-about-something-that-has-happened-online/>

Other concerns such as online abuse can be reported directly to the platform. Please click on the links below for more detailed information on who to contact & how to report a concern.

Remember, you can ring Parentline NI for free, confidential advice.

<https://www.childnet.com/parents-and-carers/get-help/>

https://saferschoolsni.co.uk/wp-content/uploads/2023/07/sextortion_2023_ssni.pdf

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/online-reporting/>



Remember, if in doubt, check it out! If you have any concerns about your child's online activity, always seek advice!

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