

Parenting Week 2026

Making Connections



- Dress for dinner at home
- Be creative outdoors
- Build a cosy indoor den
- Choose together how to bless others in your community
- Interview each other

FAMILY



Monday 19 - Friday 23 October

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Dress for Dinner at Home

Use what you have:
Fancy dress costumes
Fancy formal wear
Favourite clothes
Sparkly jewellery & shiny shoes
or choose a colour theme



Decorate the table.



Make a menu card and place settings.
Choose soft lighting and music.

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Be Creative Outdoors

- Scavenger hunt
- Litter picking
- Bug hunt with a magnifying glass
- Bird watching/counting
- Forage
- Use an app to learn plant and tree names
- A mystery drive and picnic by a scenic area
- Treasure hunt - Hire a metal detector?



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Build a Cosy Indoor Den



- Make it large and comfortable - all the blankets and cushions. Maybe even a duvet, sleeping bags or a tent! Can you make separate rooms or a tunnel?
- Relax in the den together to read, do an audio book, play a card or board game and/or eat your favourite snacks. Then snuggle up to watch a show on a device. Score your den design out of ten.



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Bless Others in Your Community

- Choose together on a charity shop to visit and choose each other a low cost gift.
- Invite friends over for a toys, books or clothes swap.
- Choose items to donate to the local foodbank.
- Bake for a friend. Invite for afternoon tea.
- Volunteer to do a job for an elderly neighbour.



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Interview Each Other

- Do a quiz online to find out your family love languages.
- Ask about your ideal weekend or holiday.
- Ask about your favourite family memories.
- Choose old photos to ask questions about.
- Make up your own Would you Rather quiz.
- Rate restaurants you have been to or movies you have watched.
- Be creative - make short videos or WhatsApp poll questions to compare answers with wider family.



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