

Go to's for

SUPPORTING YOUR CHILD WITH DYSLEXIA

Spark Curiosity and Cultivate Enjoyment

Make reading fun, not a chore. Use books about subjects your child is interested in, and make sure that reading takes place in a relaxed and comfortable environment.

Parents play a significant role in improving their child's confidence, so it's important to encourage and support your child as they learn.

Role model - show the variety of ways you enjoy to read if you can.

Use audio stories to cultivate a love of stories and to build their vocabulary and understanding of grammar.

Make use of comics and graphic novels.

Explore both fact and fiction books.



Create Pathways to Access Learning

Many with dyslexia may feel more comfortable working with a computer than a notebook as it is more visual.

Word processing programmes can be useful because they have a spellchecker and an autocorrect facility that can highlight mistakes.



Find Tools to Make Education Easier

Most web browsers and word processing software also have text-to-speech functions, where the computer reads the text as it appears on the screen.

Speech recognition software can also be used to translate what a person is saying into written text.



Work with others to manage expectations & decide the pace for your child

Ask in school about the strategies and resources they can make use of. Together you can collaborate with the teacher, whilst you may be awaiting a diagnosis.

Seek support and advice from experts so you can make early interventions to support self-esteem and maximise effective learning.



Reach out for further support

Talk to other parents to help you navigate the system

Has school written an individual education plan?

Ask school or tutor if they use a multi-sensory approach

Follow Dyslexia Awareness NI on Facebook or Twitter (DANI)

Ask if school or tutor use a structured literacy programme

Consider extra tutoring

www.bdadyslexia.org.uk

www.dyslexia.ie

www.dyslexia-assist.org.uk

www.nessy.com/en-gb

www.nidyslexiacentre.co.uk/

www.senac.co.uk

www.bbc.co.uk/tiny-happy-people/parenting-with-dyslexia/zpffb7h

REMEMBER TO CELEBRATE AND PLAY TO THE STRENGTHS OF YOUR CHILD

We are in your corner here at Parentline, to listen, support or advise. Please contact us Monday to Thursday 9am to 9pm, Friday 9am to 5pm or Saturdays 9am to 1pm